

Milton & Betty Katz JCC NEWSLETTER

April/May 2018

jccatlantic.org

April/May Schedule:

Passover
Saturday, March 31
Closed

Spring Break Mini Camp
April 2 - 6

AmeriHealth NJ April Fools
Half Marathon
April 14 - 15

Big Sonia Public Film
Screening
Tuesday, April 24
7:00 PM

Erev Shavuot
Saturday, May 19
7:00 AM - 5:00 PM

Shavuot
Sunday, May 20
CLOSED

Memorial Day
Monday, May 28
5:30 AM - 1:00 PM*

Kids Splash & Dash Aquathlon
Sunday, June 10
9:00 AM

*Business Offices Closed

Harry and Jeanette Weinberg
Jewish Community Campus
501 N. Jerome Avenue
Margate, NJ 08402
609.822.1167



Meet Camp Director, Francesca Parisano

We are excited to announce our new Camp By The Sea Director, Francesca Parisano. Francesca has spent five summers at Camp By The Sea in various positions such as Counselor, Department Head and Staff Supervisor. She has also worked to enhance the Special Education Program, Leader in Training Program (LIT), Specialty Camps and Specialist Programming. Francesca was also a preschool teacher for the 3 year-old class at the Katz JCC's Early Education Center.

After completing a Bachelor's degree in Early Childhood and Special Education

from Widener University, Francesca is now on her way to completing a Master's Degree in Special Education with a focus on Autism from Drexel University. While at Widener, she was a Dean's List student, four-year varsity athlete and a leader in the Education Honors Society.

Camp By The Sea includes day and travel camp programs for children ages 2-16. We understand the needs of each camper as we help to build confidence, develop new skills and promote friendships by providing a safe, fun, age-appropriate camp experience infused with

Jewish values. We strive to provide a nurturing, caring and supportive environment for your child while making it their best summer ever!

Please join us in welcoming Francesca Parisano into her new role as Camp Director. We look forward to another amazing and unforgettable summer at Camp By The Sea!



FACILITY HOURS

Monday - Thursday:
5:30am - 10:00pm
Friday: 5:30am - 6:00pm
Saturday - Sunday:
7:00am - 5:00pm



Specialty Camps at the JCC are a Slam Dunk!

Camp By The Sea Specialty Camps offer a myriad of activities throughout the summer that each camper can enjoy. Specialty Camps focus on one topic or specific field of interest for the entire week. These weeks are designed to provide an intense exposure and are a great way for campers to add even more variety to their summer experience.

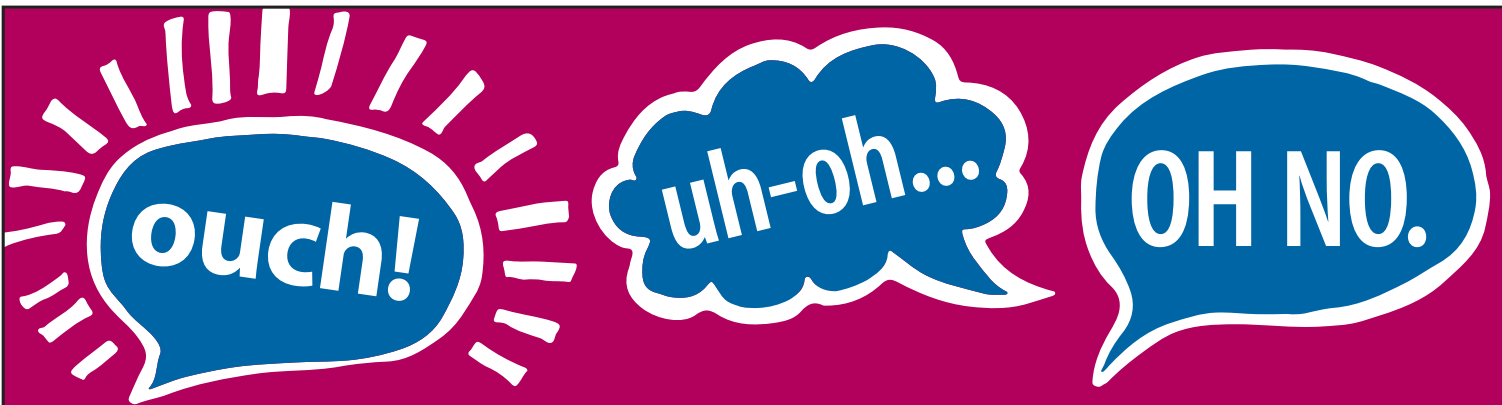
Check out the Harlem Wizards Camp July 2 – 6 (No Camp July 4). 56 years of basketball wizardry returns to Margate this summer! Join the antics of the internationally renowned Harlem Wizards as they teach campers the tricks, skills and attitude to be successful at basketball. Fun-filled drills and fast-paced fun will help campers take it to the net!

Pay in full by May 1
and SAVE **\$100**



@  Milton & Betty Katz JCC

Sea what we'll be
doing this summer at
campbythesea.org



When the unexpected happens, we're here.

AtlantiCare Urgent Care Centers are located throughout South Jersey, staffed with board-certified physicians, registered nurses and X-ray technologists. They offer care for non-life-threatening emergencies seven days a week, without an appointment or long wait time. Get all the care you need on-site, including medication dispensing* and X-ray and lab services.



LOCATIONS

Berlin	Manahawkin
Clementon	Marmora
Egg Harbor Twp. <small>Pediatric providers on-site **</small>	Mount Holly
Galloway Twp.	Mount Laurel
Hammonton	Rio Grande
Little Egg Harbor	Sicklerville
	Somers Point

For a complete list of hours, call 1-888-569-1000
or visit www.atlanticare.org/urgent.

*Select locations **Pediatric providers' hours vary

WHAT'S GOING ON @ THE J

For more information on these programs or to register call 609.822.1167 Ext. 0 or visit jccatlantic.org

DINNER & MOVIE

\$20 JCC Members / \$23 Guests

Register one week before and SAVE \$18 JCC Members / \$20 Guests

Monday, April 30:
The Shape of Water

Thursday, May 31:
The Greatest Showman

Join us for a kosher dinner, salad, soup and dessert and enjoy an entertaining movie on the big screen. Dinner starts at 5pm. All are invited!

BRUNCH AND LEARN

\$5 JCC Members / \$8 Guest

Register one week before and SAVE \$3 JCC Members / \$5 Guest

Tuesday, April 17
10:30am
A Journey Through Jewish Musical History
Speaker & Performer:
David Podles, Violinist
Movie - *Wagner's Jews: Can Art Transcend Prejudice?*

Embark on a journey from poignant tears to devout joy as the beginning of Jewish music and the resilience of the Jewish soul is illustrated. From original niguns and playful freilehs to beautiful songs of prayer, violinist David Podles will showcase Sephardic, Jewish and Hebrew pieces in this heartfelt

and exciting trip through Jewish musical history.

Thursday, April 26
10:30am
Yiddish, Ladino and Klezmer
-Oy Vey!
Speaker -Shlomo Shai, Pianist, Accordionist and Singer
Movie - *Hava Negila*

Enjoy a trip through Jewish history with entertainer, singer and musician Shlomo Shai. His repertoire spans Yiddish, Israeli, Klezmer, Ladino, Jewish, English, Italian, French and Russian hits plus jazz standards.

Funded in part by a generous donation from Marc Neuman, ChFC of Lighthouse Planning Consultants.

MAHJONG BRUNCH

Wednesday, April 11
Wednesday, May 9
Wednesday, May 23
10:30am
\$18 JCC Members / \$22 Guests

Register one week before and SAVE \$14 JCC Members / \$18 Guests

Enjoy a delicious brunch spread and meet other Mahjong, Canasta and card players in the community. All players and skill levels are welcome. Spaces are limited.

COFFEE KLATCH: POLITICAL DISCUSSION GROUP

Friday, April 20
Thursday, May 17
10:30am

A FREE social group that enjoys conversation about Israel and U.S. news and world events over coffee and refreshments. Everyone is invited! Come out to schmooze, kvetch, kvell and enjoy conversation with new and old friends alike.

BIG SONIA PUBLIC FILM SCREENING

Tuesday, April 24
7:00pm
Free and Open to the Public.
Presented by the Milton & Betty Katz JCC, The Sara and Sam Schoffer Holocaust Resource Center of Stockton University and The Sam Azeez Museum of Woodbine Heritage.

Standing tall at 4'8", Sonia is one of the last remaining Holocaust survivors in Kansas City and one of the only survivors there who speaks publicly about her wartime experience. The film, *Big Sonia*, interweaves Sonia's past and present using first-person narrative with stories from family and friends. Along the way, viewers will hear "Soniaisms," life lessons taken from a woman who can barely see over the steering wheel, yet insists on driving herself to work every day to run her late husband's tailor shop.

JEWISH JOURNEYS: JUDAISM FROM AROUND THE WORLD

Wednesday, May 2
6:00pm
The Jews of China

Speaker - Kirk Wisemayer, Executive Director of the Jewish Federation of Atlantic and Cape May Counties
Meal - Glatt Kosher Chinese Buffet
Movie - *Minyan in Kaifeng: A Modern Journey to an Ancient Jewish Community*

TECHNOLOGY CLASSES FOR ACTIVE ADULTS AGES 60+

COMPUTER BASICS
Tuesdays, April 10 - May 8
1:00- 2:00pm
Enhance your Internet and email knowledge and mouse and keyboard skills. A computer will be provided.

SMARTPHONE AND TABLET BASICS

Thursdays April 12 - May 10
1:00 - 2:00pm
Introduction to texting, taking and sending pictures, email and using Apps.

Please bring your charged smartphone or tablet.
JCC Computer classes are funded by a grant given by the Atlantic County Division of Intergenerational Services funded by the Older American Act.

MAHJONG CLASS

Thursdays, April 19 - May 17
1:00pm - 3:30pm
For all 5 weeks:
\$75 JCC Members
\$100 Guests

Mahjong Instructor will teach the moves and explain the tiles in detail and practice games that take you through the opening moves to the endgame.

ALAINE PORTER, MEDIUM MEMOIRS: MESSAGES OF LOVE, HOPE AND REUNION

Thursday, May 17
7:00pm
\$10 JCC Members / \$15 Guests

Author, gifted yogi, spiritual teacher and inspiring medium, Alaine Porter, receives messages from loved ones or guided spirits and deliver insight and direction. Copies of Porter's book, *Medium Memoirs: Messages of Guidance* will be available for purchase at the event.

SPLASH & DASH AQUATHLON

Sunday, June 10
9:00 am
Combine running and swimming with this fun multisport event for children ages 7 - 15. In partnership with USA Triathlon and USA Swimming Foundation. Register online at jccatlantic.org.

BUY OR SELL REAL ESTATE AT THE SHORE?
Call Ashley's Cell (609) 233-6116



Ashley Franchini
REALTOR ASSOCIATE | Sotheby's
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AshleyFranchini@yahoo.com

www.YourShoreHouseAwaits.com



OFFICE 609-487-8000
8502 Ventnor Ave, Margate, NJ



Update In Progress

The Katz JCC update is now in progress. This update includes:

- Improved Exercise Equipment
- Security Improvements
- Facility Updates



Update Progress...

[Learn More](#)

IMPROVING YOUR J

As our 2018 Capital Campaign continues, plans for new improvements and renovations are underway. With your support, we are able to renovate our J to meet the changing needs of our active members and the greater community.

OUR CENTER

From updates to cardio equipment to the replacement of heating and air-conditioning systems, the Katz JCC including the Fitness Center, Lobby, Auditorium and Early Childhood Education Center will be expanding on the renovations that began in 2017 and will continue throughout the upcoming months. The Capital Campaign funds will be used to enhance the locker rooms, update some of our cardio equipment and create a small group fitness training area on the fitness floor. As the trends in the fitness and wellness industry change, it is our goal to create the most enjoyable up-to-date space for members to maintain their personal health and fitness goals.

SECURITY

You will notice enhancements to our current security and

software system throughout our building. This includes the addition of video cameras and other new equipment to improve the reach of our security. The goal of this campaign is to focus on the areas most utilized by members and Early Childhood Education Center families and to ensure the safety of our children and other members at the JCC.

WHAT CAN YOU DO?

Visit the Welcome Center in the JCC Lobby to update your photo and email address. Make sure to use your own swipe card when accessing the building and avoid holding doors open for people who do not use their swipe card.

The 2018 Capital Campaign continues to grow; however, the continued support of our community is critical. In order to build our J for generations to come, donations can be made to the Capital Campaign fund throughout the year. Recognition of our donor's generous support can be found on the new Digital Donor Wall in the JCC's Main Lobby.

For more information on the Capital Campaign or to make a contribution, contact:

Jack I. Fox, CEO at
609-822-1167, ext. 114
or email jfox@jccatlantic.org

SUPPORT THE JCC WHEN YOU SHOP



Amazon donates 0.5% of the price of your eligible AmazonSmile purchases to the charitable organization of your choice AmazonSmile is the same Amazon you know.

Same products, same prices, same service and you CAN still shop Prime!

Follow these simple steps to start shopping and giving today!

1. Go to smile.amazon.com.
2. Choose the "Jewish Community Center of Atlantic County" as your designated charitable organization.
3. Shop on!

From our family to yours, proudly serving Atlantic, Cape May and Cumberland Counties with dignity and respect.



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Jason S. Goldstein • NJ Lic. No. 6033
Stephan T. Collins • NJ Lic. No. 3355



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TRIPS & TRAVEL WITH THE JCC

ISRAEL

November 29 - December 9, 2018

Jerusalem • Masada • Tel Aviv • Galilee • Dead Sea

Say Shalom to a Hanukkah worth Kveling About!

Visit Jerusalem's Old City, float in the Dead Sea, and ascend the fortress of Masada. Shabbat at the Western Wall. City tours of Haifa, Tsefat, Nazareth and Tel Aviv.

SOUTHEAST ASIA

January 7 - 21, 2019

Bangkok • Hong Kong • Bali • Singapore

Explore the diverse cultures of Asia including Bangkok's Grand Palace, Bali's famous beaches, Hong Kong's Victoria Peak, shopping in Singapore and special Jewish-centric tours and experiences throughout Asia.

SOUTH AFRICA

March 11 - 19, 2019

Cape Town • Kruger National Park

Safari in Kruger National Park, experience Cape Town's massive Table Mountain by cable car, tour South Africa's Synagogues and Jewish Historical Museum. Observe Africa's Big 5 wildlife and enjoy the beautiful and scenic Cape Point.

Visit the Welcome Center in the lobby or jccatlantic.org for more information.



FIND YOUR VOYAGE

SEE ALL THAT SUMMER TEEN TRAVEL HAS TO OFFER AT CAMPBYTHESEA.ORG

MILTON & BETTY KATZ JCC
Summer
ENTERTAINMENT SERIES



Tickets On Sale NOW!

- July 12 | **Blue Jupiter** - Acapella Group
- July 19 | **"Rock Baby Rock"** Starring **Lance Lipinsky**
1950s Rock & Roll
- July 26 | **Tom Arnold** - Comedian/Actor
- August 2 | **Melissa Manchester** - Singer/Songwriter

Purchase Tickets at the Welcome Desk in our
Main Lobby or Visit jccatlantic.org



Milton & Betty
Katz JCC



READY TO JUMP IN?

Katz JCC Year-Round Swim Lessons

Summer is coming and swim lessons are the best way to keep your child water safe at the beach and pool!

Swimmers are able to develop their strokes and master the fundamentals with both small group and private lesson options.

The Katz JCC Swim Program offers one of the highest levels of swim instruction in Atlantic County. All instructors are certified lifeguards with CPR/AED and First Aid training.

Register today for the Spring Swim Session in the Welcome Center in the JCC Lobby.

Indoor Pool Schedule

Please note that hours are subject to change due to weather conditions. Please call 609.822.1167 for daily updates. Any questions? Please contact Aquatics Director, Alicia at 609.822.1167 ext. 133 or email afimple@jccatlantic.org.

Hours	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30-8:00am	5:30-9:00am 6 Lap Lanes	5:30-9:00am 6 Lap Lanes	5:30-9:00am 6 Lap Lanes	5:30-10:30am 6 Lap Lanes	5:30-10:45am 6 Lap Lanes	7:00-9:30am 6 Lap Lanes	7:00-10:00am 6 Lap Lanes
9:00 am	9:30-10:30am Shallow H2O Franklin NO LAP LANES	9:00-10:00am H2Oproof Donna NO LAP LANES	9:00-10:00am Shallow H2O Maureen NO LAP LANES 9:30-11:30am Early Childhood Swim	5:30-10:30am 6 Lap Lanes	5:30-10:45am 6 Lap Lanes	9:30-12:00pm 4 Lap Lanes 2 Swim Lessons	9:00-10:00am 6 Lap Lanes
10:00 am	10:30-11:00am Deep H2O Franklin NO LAP LANES	10:00-10:30am Deep H2O Donna NO LAP LANES 10:30-11:30am 4 Lap Lanes 2 Open Lanes	10:30-11:30am Early Childhood Swim 3 LAP LANES 11:30am-3:30pm 4 Lap Lanes 2 Open Lanes	10:30-11:30am 4 Lap Lanes 2 Open Lanes	5:30-10:45am 6 Lap Lanes 10:45-11:45am Aqua Zumba Vanessa 3 Lap Lanes	10:00-12:00pm 4 Lap Lanes 2 Swim Lessons	10:00-2:00pm 4 Lap Lanes 2 Swim Lessons
11:00 am	11:00am-3:30pm 4 Lap Lanes 2 Open Lanes	11:30-12:30pm 3 Lap Lanes 11:30-12:30am Water Wellness Franklin		11:30-12:30pm 3 Lap Lanes 11:30-12:30am Water Wellness Lisa	11:45-12:45am Water Wellness Franklin 3 Lap Lanes	11:00-12:30pm 4 Lap Lanes 2 Swim Lessons	10:00-2:00pm 4 Lap Lanes 2 Swim Lessons
12:00 - 2:00pm	11:30am-3:30pm 4 Lap Lanes 2 Open Lanes	11:30-12:30pm 3 Lap Lanes 12:30-3:30pm 4 Lap Lanes 2 Open Lanes	11:30-12:30pm 3 Lap Lanes	12:30-3:30pm 4 Lap Lanes 2 Open Lanes	12:45-4:00pm 4 Lap Lanes 2 Open Lanes	12:30-1:30pm Aqua Zumba Vanessa 3 Lap Lanes 1:30-4:45pm 4 Lap Lanes 2 Open Lanes	10:00-2:00pm 4 Lap Lanes 2 Swim Lessons 2:00-4:45pm 4 Lap Lanes 2 Open Lanes
3:00 - 4:00pm	3:30-5:00pm 4 Lap Lanes 2 Swim Lessons	3:30-5:00pm 4 Lap Lanes 2 Swim Lessons 3:30-5:00pm 2 Swim Lessons	3:30-5:00pm 4 Lap Lanes 2 Swim Lessons	3:30-5:00pm 4 Lap Lanes 3:30-6:00pm 2 Swim Lessons	4:00-5:45pm 3 Lap Lanes 3 Swim Team	3:00-4:45pm 4 Lap Lanes 2 Open Lanes	3:00-4:45pm 4 Lap Lanes 2 Open Lanes
5:00 - 9:00 pm	5:00-5:30pm 2 Lap Lanes 4 Swim Team 5:30-7:30pm Swim Team Practice NO LAP LANES 7:30-9:00pm 4 Lap Lanes 2 Open Lanes	5:00-5:30pm 2 Lap Lanes 4 Swim Team 5:30-7:30pm Swim Team Practice NO LAP LANES 7:30-9:00pm 4 Lap Lanes 2 Open Lanes	5:00-5:30pm 2 Lap Lanes 4 Swim Team 5:30-7:30pm Swim Team Practice NO LAP LANES 7:30-9:00pm 4 Lap Lanes 2 Open Lanes	5:30-7:30pm Swim Team Practice NO LAP LANES 7:30-9:00pm 4 Lap Lanes 2 Open Lanes	4:00-5:45pm 3 Lap Lanes 3 Swim Team		

Pool Schedule Effective April 1

Group Exercise Schedule

Fitness Schedule Effective April 1

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 am	6:00-7:00am Schwinn Indoor Cycling Sindy	6:00-7:00am Schwinn Indoor Cycling Tonya 6:00-6:45am Insanity Eileen	6:00-7:00am Schwinn Indoor Cycling Sindy	6:00-7:00am Schwinn Indoor Cycling Deb M. 6:00-6:45am Insanity Eileen	6:00-7:00am Schwinn Indoor Cycling Steve		
7:00 am	7:00-7:45am Zumba Jenny		7:00-7:45am Zumba Arlin	7:15-8:15am Pumpin' Iron Deb M.	7:00-7:45am Zumba Arlin	7:00-7:45am Insanity Anthony	
8:00 am	8:00-9:00am Hatha Yoga Janet 8:00-8:50am Core Camp Sandy	8:00-8:55am Light Combo Deb M. 8:15-9:15am * Schwinn Indoor Cycling Antoinette 8:30-9:30am Yogalates Level 2 & 3 Sindy	8:00-8:45am Hi/Lo H.I.I.T. Lisa G. 8:30-9:30am Pilates Aline	8:15-9:15am * Schwinn Indoor Cycling Antoinette 8:30-9:30am Stretch & Flex with Props Kelly 8:30-9:30am Bender Barre Sindy	8:30-9:30am Total Body Kelly 8:30-9:40am Vinyasa Yoga Level 2 Patti	8:00-8:50am Pumpin' Iron Donna I. 8:30a-9:30am Power Yoga Val	8:15-9:15am Zumba Luis 8:15-9:15am Pilates Vanessa 8:30-9:30am * Schwinn Indoor Cycling Steve
9:00 am	9:00-10:00a Pumpin' Iron Antoinette 9:30-10:30am * Schwinn Indoor Cycling Deb W.	9:00-10:00am Zumba Arlin 9:30-10:30am * Schwinn Indoor Cycling Steve 9:45-10:45am Mindful Movement Rose	9:00-10:00am Boot Camp Greg 9:30-10:30am * Schwinn Indoor Cycling Antoinette	9:30-10:30am * Schwinn Indoor Cycling Tonya 9:30-10:30am Cardio Boxing Jon	9:30-10:30am * Schwinn Indoor Cycling Roseann 9:30-10:30am Bender Ball Vanessa 9:45-10:45am Chi Kung John M.	NEW 9:00-10:00am Ultimate Barre Karen 9:00-10:00am Zumba Luis 9:30-10:30am * Schwinn Indoor Cycling Sindy	9:30-10:30am Cardio Boxing Jon 9:30-10:30am Bender Barre Vanessa 10:00-11:15am Vinyasa Yoga Level 1 & 2 Patti
10:00 am	10:00-10:30am Foam Rolling Antoinette 10:45-11:30am Active Adults Maryann	10:00-11:00am Bootcamp Boxing Jon 10:45-11:45am MOVEIT-1 Maryann	10:00-10:45am Pumpin' Iron Remy	10:45-11:45am MOVEIT Maryann	10:45-11:35am Pilates With Props Kelly	10:00-11:00am Pilates With Props Aline 10:15-11:00am Insanity Anthony	10:30-11:30am Pumpin' Iron Tonya
11:00 am - 12:00 pm	11:00-11:45am Pilates Peggy 12:00-12:30pm HIIT Remy	12:00-12:30pm Barre Code Remy Tabata & Barre	10:30-11:45am Hatha Yoga Janet	11:00-12:00pm Hatha Yoga Remy	11:00-12:00pm \$ Jon Simon Boxing 12:00-12:30am Stretch & Roll Recovery Remy		
1:00 pm - 4:00 pm	4:00-4:30pm Kids Boxing Ages 6-10 Jon Simon		4:00-4:30pm Kids Fit Ages 6-10 Jon Simon	NEW 4:45-5:30pm * Schwinn Indoor Cycling Shari			
5:00 pm	5:45-6:15pm Insanity Eileen 5:00-6:00p Bender Barre Method Remy			5:45-6:30pm Insanity Anthony	<div style="background-color: #e91e63; color: white; padding: 10px; text-align: center;"> <h2 style="margin: 0;">FITNESS SCHEDULE EFFECTIVE APRIL 1</h2> <h3 style="margin: 0;">FACILITY HOURS</h3> <p style="margin: 0;">Monday - Thursday: 5:30 am - 10:00 pm</p> <p style="margin: 0;">Friday: 5:30 am - 6:00 pm</p> <p style="margin: 0;">Saturday - Sunday: 7:00 am - 5:00 pm</p> </div> <div style="background-color: #e91e63; color: white; padding: 10px; text-align: center;"> <h3 style="margin: 0;">CLASS LOCATION COLOR KEY:</h3> <div style="display: flex; justify-content: space-between;"> <div style="width: 45%;"> <p style="margin: 0;">Spin Room</p> <p style="margin: 0;"><i>*Reservation Required 2 hours prior to class time.</i></p> <p style="margin: 0;">Group X Studio</p> </div> <div style="width: 45%;"> <p style="margin: 0;">Mind & Body Studio (2nd Floor)</p> <p style="margin: 0;">Gymnasium</p> <p style="margin: 0;">Fitness Gallery</p> </div> </div> </div>		
6:00 pm	6:00-7:15pm Vinyasa Yoga Level 1 & 2 Val	6:00-6:45pm * Schwinn Indoor Cycling Shari 6:00-7:15pm Kripalu Yoga Debra	6:00-6:45pm * Schwinn Indoor Cycling Eileen 6:00-7:15pm Vinyasa Yoga Level 1 & 2 Patti	6:00-7:15pm Hatha Yoga Janet			
7:00 pm		7:00-8:00pm \$ Jon Simon Boxing		7:00-8:00pm \$ Jon Simon Boxing			