



SWIM LESSON SELECTOR

WHAT AGE GROUP DOES THE STUDENT FALL INTO?

6 MONTHS – 3 YEARS

3 – 5 YEARS OLD

6-12 YEARS OLD

13+ YEARS & OLDER

PARENT TOT :
TADPOLES & MINNOWS

PRESCHOOL:
FROGS - OTTERS

GRADE SCHOOL:
FROGS – GREAT WHITES

TEEN & ADULT:
FROGS – GREAT WHITES

ALL LEVELS ARE TAUGHT THE SAME SKILLS, BUT TAUGHT AT THEIR DEVELOPING MILESTONES.
WE ALSO OFFER SCHOLARSHIP & ADAPTIVE LESSONS TO ACCOMMODATE STUDENTS ON THE SPECTRUM.

WHAT STAGE IS MY SWIMMER READY FOR?

IF THE ANSWER IS "YES" PLEASE PROCEED TO THE NEXT QUESTION

CAN THE SWIMMER RESPOND TO VERBAL CUES AND JUMP ON LAND?

NOT YET

TADPOLES

IS THE SWIMMER COMFORTABLE WORKING WITH AN INSTRUCTOR WITHOUT A PARENT IN THE WATER?

NOT YET

MINNOWS

WILL THE SWIMMER GO UNDERWATER VOLUNTARILY?

NOT YET

FROGS

CAN THE SWIMMER DO A BACK FLOAT INDEPENDENTLY?

NOT YET

SEAHORSES

CAN THE SWIMMER SWIM 15 YARDS ON THEIR STOMACH?

NOT YET

SEA TURTLES

CAN THE SWIMMER SWIM 25 METERS FREESTYLE AND TREAD WATER FOR 20-30 SECONDS?

NOT YET

OTTERS

CAN THE SWIMMER SWIM 50 METERS FREESTYLE, 25 METERS BACKSTROKE AND BREASTROKE?

NOT YET

TIGER SHARKS

CAN THE SWIMMER SWIM 100 METERS FREESTYLE, 50 BACKSTROKE AND BREASTROKE, 25 BUTTERFLY AND TREAD WATER FOR 2 MINUTES?

NOT YET

GREAT WHITES