

# Indoor Pool Schedule

Please note that hours are subject to change due to weather conditions. Please call 609.822.1167 for daily updates. Any questions? Please contact Aquatics Director, Alicia at 609.822.1167 ext. 133 or email [afimple@jccatlantic.org](mailto:afimple@jccatlantic.org).

Hours	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30-8:00am	5:30-9:00am 6 Lap Lanes	5:30-9:00am 6 Lap Lanes	5:30-9:00am 6 Lap Lanes	5:30-9:00am 6 Lap Lanes	5:30-10:45am 6 Lap Lanes	7:00-9:30am 6 Lap Lanes	7:00-10:00am 6 Lap Lanes
9:00 am	9:30-10:30am Shallow H2O Kelly NO LAP LANES	9:00-10:00am H2Oproof Donna NO LAP LANES	9:00-10:00am H2O in Motion Debbie NO LAP LANES	9:00-10:00am Shallow Water Maureen NO LAP LANES	5:30-10:45am 6 Lap Lanes	9:30-12:00pm 4 Lap Lanes 2 Swim Lessons	9:00-10:00am 6 Lap Lanes
10:00 am	10:30-11:00am Deep H2O Kelly	10:00-10:30am Deep H2O Donna NO LAP LANES 10:30-11:30am 4 Lap Lanes 2 Open Lanes	10:00-10:30am H2O Fitness Debbie NO LAP LANES 10:30am-3:30pm 4 Lap Lanes 2 Open Lanes	10:00-10:30am Deep H2O Maureen 10:30-11:30am 4 Lap Lanes 2 Open Lanes	5:30-10:45am 6 Lap Lanes 10:45-11:45am Aqua Zumba Vanessa NO LAP LANES	10:00-12:00pm 4 Lap Lanes 2 Swim Lessons	10:00-2:00pm 4 Lap Lanes 2 Swim Lessons
11:00 am	11:30am-3:30pm 4 Lap Lanes 2 Open Lanes	11:30-12:30pm 3 Lap Lanes 11:30-12:30am Water Wellness Franklin		11:30-12:30pm 3 Lap Lanes 11:30-12:30am Water Wellness Lisa	11:45-12:45am Water Wellness Franklin 3 Lap Lanes	11:00-12:30pm 4 Lap Lanes 2 Swim Lessons	10:00-2:00pm 4 Lap Lanes 2 Swim Lessons
12:00 - 2:00pm	11:30am-3:30pm 4 Lap Lanes 2 Open Lanes	11:30-12:30pm 3 Lap Lanes 12:30-3:30pm 4 Lap Lanes 2 Open Lanes	11:30-12:30pm 3 Lap Lanes	12:30-3:30pm 4 Lap Lanes 2 Open Lanes	12:45-4:00pm 4 Lap Lanes 2 Open Lanes	12:30-1:30pm Aqua Zumba Vanessa 3 Lap Lanes 1:30-4:45pm 4 Lap Lanes 2 Open Lanes	10:00-2:00pm 4 Lap Lanes 2 Swim Lessons 2:00-4:45pm 4 Lap Lanes 2 Open Lanes
3:00 - 4:00pm	3:30-5:00pm 4 Lap Lanes 2 Swim Lessons	3:30-5:00pm 4 Lap Lanes 3:30-5:00pm 2 Swim Lessons	3:30-5:30pm 4 Lap Lanes 3:30-6:00pm 2 Swim Lessons	3:30-5:00pm 4 Lap Lanes 3:30-6:00pm 2 Swim Lessons	4:00-5:45pm 3 Lap Lanes 3 Swim Team	3:00-4:45pm 4 Lap Lanes 2 Open Lanes	3:00-4:45pm 4 Lap Lanes 2 Open Lanes
5:00 - 9:00 pm	5:00-5:30pm 2 Lap Lanes 4 Swim Team 5:30-7:30pm Swim Team Practice NO LAP LANES 7:30-9:00pm 4 Lap Lanes 2 Open Lanes	5:00-6:00pm 2 Lap Lanes 4 Swim Team 5:30-7:30pm Swim Team Practice NO LAP LANES 7:30-9:00pm 4 Lap Lanes 2 Open Lanes	5:30-7:30pm Swim Team Practice NO LAP LANES 7:30-9:00pm 4 Lap Lanes 2 Open Lanes	5:30-7:30pm Swim Team Practice NO LAP LANES 7:30-9:00pm 4 Lap Lanes 2 Open Lanes	4:00-5:45pm 3 Lap Lanes 3 Swim Team		

## Aquatics



### Milton & Betty Katz JCC

Harry and Jeanette Weinberg  
Jewish Community Campus

501 N. Jerome Avenue  
Margate, NJ 08402

609.822.1167  
[jccatlantic.org](http://jccatlantic.org)